

menu for the future



JOIN THIS DISCUSSION COURSE

when:

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dot org

ABOUT THIS DISCUSSION COURSE

Over the last century, the way we grow, harvest, transport, and consume food has changed significantly. And the impact these changes have had on our environment is profound.

Menu for the Future helps you explore the connection between food and sustainability. Join our discussion group to learn more about the many cultural, social, and ecological implications of what we eat and discuss our eating habits. Together, we will identify food choices that are good for ourselves and the health of our environment.

SESSION ONE

setting
the table

SESSION TWO

a growing
concern

SESSION THREE

farming for
the future

SESSION FOUR

you are
what you eat

SESSION FIVE

towards a just
food system

SESSION SIX

cultivating
change

BENEFITS OF THIS COURSE

- Explore food systems and their impacts on culture, society, and ecological systems.
- Discuss the importance of our eating habits.
- Discover food choices that are good for ourselves and that support sustainable food systems.

ABOUT ECOCHALLENGE.ORG

Since 1993, Ecochallenge.org has provided ways for everyone to connect the dots between our actions, our impact, and our will to create significant environmental + social change. Together, we witness how our collective behavior connects with a better shared future.

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